

TAKE
FREELIVING
GUIDE MORIOKA
もりおか<http://www.mira-morioka.com>

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Green season has arrived!

Spring is now changing into summer. It is when many flowers are in full bloom and fresh green leaves of trees are beautiful. The season we have been waiting for has finally arrived in Morioka. Let's enjoy the nature of Morioka while basking in the warm sunshine!

A TREASURE CHEST OF FOOD!
LET'S GO TO THE LOCAL MARKET!**Mikoda Morning Market**

Mikoda-cho, (Near Minami Ohashi Br.)

<Open> 5:00 - 8:30 <Close> Monday



Fresh vegetables harvested from fields around Morioka are on sale at this morning market. The market offers foods at every season as it is open 300 days a year. Food and drinks like hittsumi (a kind of vegetable soup with flower dumplings), Chinese noodle and coffee sold in the market are also popular.

**Zaimokucyo Yoichi Market**

Zaimokucho shopping street

Opening every Saturday from April to late November

<Open> 15:00 - 18:30

Every Saturday, Yoichi market is held with about 100 various shops open along Zaimoku-cho shopping street, which has a monument of Kenji Miyazawa. It is one of the places where citizens relax as they enjoy shopping for vegetables, handmade pickles, local brand beer, snacks or sea food from the Sanriku area, etc. You might find some unique regional cooking ingredients!

FIND ANIMALS FROM
ALL OVER THE WORLDYou can see many kinds
of animals here

including monkeys, wild rabbits, pheasants or golden eagle, etc. You can also see animals from all over Japan, or very popular African animals like elephants, giraffes or lions. You can also see the Canadian otters that were a gift from our twin city, Victoria, bighorn sheep or pumas. There are about 800 animals and birds of 100 different kinds in this zoo. The zoo offers a valuable opportunity to hold a rabbit or chick! Having a picnic on the wide lawn square is also recommended.

Morioka Zoological Park

60-18 Aza Shimoyagita, Shinjo

<Open> 9:30 to 16:30 <Closed> Wednesday

<fee> Adults: ¥500 Annual pass: ¥1000

Entry free for Children under 6 years old, elementary school students, elderly citizens over 65.

**Iwate prefectural Goshu Lake Wide Area Park Boathouse**

4-1 Nozoki, Tsunagi, Morioka

Open from April 9th to Mid-October (9:00-17:00)

Closed: Wednesday

Usage charge: Adult ¥250 Children/Student ¥130

*There is no rental fee for the life jacket and paddles.

*Recommended to bring some towel, hat or extra clothes.

*Sometimes the facility is not available because of bad weather, setting up course, or preparation for the Athletic Meet. Please confirm the availability in advance if you want to use the facility.

THE GREAT NATURE
FEELING ACTIVITY

This place is a venue of the National Athletic Meet canoe competition in October. You can experience canoeing and enjoy the great nature around this big lake! The boathouse staff will teach you everything so don't worry beginners!

EVENT DIGEST

イベント ダイジェスト

June	11 th	Chagu Chagu Umakko	Aug	4~7 th	Tanabana Festival
July	23 th ,24 th	Sakekaijizouson Festival		6 th	Morioka Fireworks Festival
	31 st	Tsunagi Hotspring Goshu Lake Festival		16 th (or 20 th ,21 st)	Morioka Funekko Nagashi
	24 th	Morioka Kitakami River-Gum Boat Race	Sep	14~16 th	Hachiman Shrine Festival
Aug	1~4 th	Morioka Sansa Odori Festival		4 th	Takubokunosato Fureai Marathon

FLOWER OF MORIOKA

フラワー オブ もりおか

Speaking of the special dishes in Morioka, so called, “three popular noodles of Morioka”, reimen, jajamen and wanko soba, are the most famous. Did you know that the water iris(kakitsubata) is the flower of Morioka city? It is a member of the perennial iris family like the ayame (Japanese iris) and hana-shobu (Kaempfer’s iris) and can be found all over Japan. The water iris is considered to be the most graceful and beautiful of those. Its characteristic is the beauty of the deep purple petals blooming elegantly among the straight green leaves. Since Edo period, Morioka has been recognized as one of the places where the water iris originated. In 1971, it was chosen as the symbolic city flower to represent Morioka city.

It starts to bloom from late May every year in Morioka and you can enjoy its beauty till around mid-June.



Water Iris
Language Of Flowers
Happiness is yours

RECOMMENDED SPOTS

Water Iris Community in Yamagishi

5 minutes on foot from the “Rikuchu Ohdaira” bus stop of Iwateken Kotsu.

About 3,000 plants with 10,000 water iris flowers bloom in the 931 square meter area.

Address: Jinai, Ohdaira, Yamagishi, Morioka

Best season : Late May to mid June



Kaminohashi Water Iris Garden

Beautiful flower site spreading along the banks of the Nakatsu river, which is the symbol of Morioka, from Kaminohashi bridge to Fujimibashi bridge.

Address : Kaminohashi-cho, Morioka

Best season : First to Mid-June



Let's enjoy international exchange with us!

Morioka International Relations Association is looking for foreign residents to lecture on course introducing the culture or food of their country. We are also looking for supporting member who can then receive the information about the international exchange events or language courses hosted by our association.

For more details, please check our Website from this QR code!



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