

LIVING GUIDE MORIOKA

MORIOKA INTERNATIONAL RELATIONS ASSOCIATION

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Let's review your preparedness against disasters!

It has been five months since the Great East Japan Earthquake hit in March.

In the disaster-stricken areas the debris still remains and many people stay in the shelters or temporary houses even now.

A few months ago Morioka International Relations Association held the meetings and heard about how foreign students here had coped with the March earthquake. They shared their experiences of the March disaster at Iwate University on May 31st and Morioka Information Business College, June 1st. Through those meetings, it became clear that a lot of people had not prepared for disasters such as an earthquake, nor checked their designated evacuation areas.

To reconfirm the importance of preparing against natural disasters, personal preparedness tips (including evacuation areas) are shown here.

Advance Preparations against Natural Disasters

■ Valuables

- passport, identification card
- cash, bankbook, cash card, health insurance ID card, etc.
- a list of emergency phone numbers and contact information of the person whose language you understand.
- mobile phone (with a windup or battery-operated charger is preferable)

■ In case of power blackout

- flashlight
- radio (battery-powered)
- dry-cell batteries
- cigarette lighter
- friction matches
- candles



* Please be on guard for fires when lighters, matches and candles are used.

■ For protecting your body

- medical mask
- goggle
- gloves



■ For survival

- drinking water
(2 ~ 3 liters per person daily)
- survival food
(dried bread, biscuits, canned food, etc.)
- daily necessities
(underwear, towel, tissue paper, etc.)
- first-aid kit, regular medication



■ Weatherproof goods

- umbrella, rain coat
- protection against cold
- disposable body warmer.



Let's find the location of your closest evacuation area.

In Morioka city, there are designated evacuation areas in case of natural disasters. Please see the list of evacuation areas on the accompanying sheet and be sure to confirm your nearest ones (from your house, office or school) in advance of the next crisis. You are supposed to evacuate to the safer designated facilities by yourselves and stay there until its safety is confirmed, in case of natural disasters such as an earthquake or a flood or when you are ordered to evacuate by the city and the fire station staff.

■ The types of evacuation sites

① Designated evacuation area

...accompanying sheet 1, marked by (広)

The places that have wide open space, such as school playgrounds, are designated as temporary evacuation areas. Usually the areas are large enough to keep a safe distance from the collapsed building.

② Temporary reception center

...accompanying sheet 2

When evacuation periods become prolonged, on an as-needed basis, the temporary reception center are set up at the public facilities such as the school gymnasium. Many people stay together in the center. Food and blankets, blankets, etc. are provided according to damaged conditions.

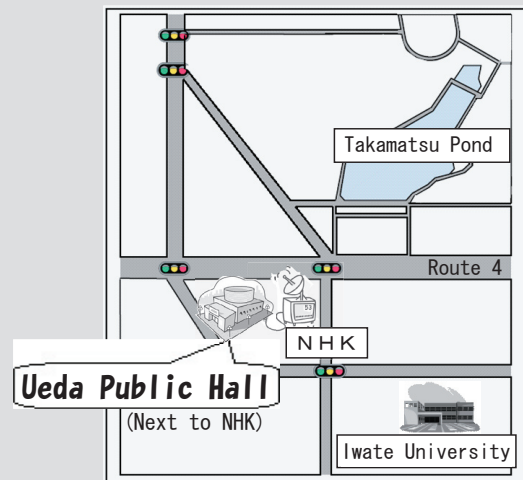
③ Temporary reception center for foreign residents

Foreign residents with Japanese language barriers (e.g. unable to understand Japanese, not having enough confidence to speak out in Japanese) are supported here. Staff members who speak foreign languages help the evacuees.

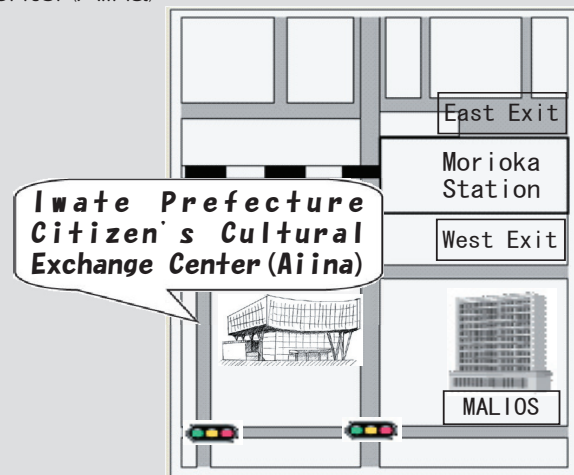


■ Temporary reception center for foreign residents

▽ Ueda Public Hall



▽ International Exchange Center at Iwate Prefecture Citizen's Cultural Exchange Center (Aiina)



The experiences of foreign students during and after the massive March earthquake, which were shared at the meetings, reveal some problems in the case of a major disaster. In response to this fact, Morioka International Relations Association will submit proposals to the City of Morioka to take necessary measures. The Association will back up foreign residents so that they can enjoy secure life in Morioka.

Please let us know if you have some problems concerning Japanese language (e.g.

unable to understand Japanese, not having enough confidence to speak out in Japanese) and need to be assisted in case of evacuation. We are waiting for you at Gender and International Communication Division, City office. English speaking staff is available.

City of Morioka, Gender And
International Communication Division

Tel: 019-626-7524 or

019-651-4111 (extension : 8211 ~ 8212)