

# Chief of Health Crisis Response Headquarters (Mayor of Morioka)

update, April 1<sup>st</sup> 2020

Dear Citizens of Morioka,

The number of patients with COVID-19 (new Corona Virus) are increasing worldwide. In the last few days, confirmed cases in Japan has increased rapidly in the metropolitan area, especially in Tokyo.

We are aware that this can happen in Iwate Prefecture, including our city at any time.

The governor of Iwate Prefecture has requested visitors or returnee from Tokyo and its vicinity to refrain from unnecessarily going out for two weeks. I would like to ask citizens to comply with the quarantine request. I also would like to ask those who have returned or come from Europe and Unites States as well as Tokyo area to self-quarantine for two weeks.

In addition, during our fourth meeting at Morioka City Health Crisis Response Headquarters on March 25, 2020, our city has decided to elongate the restriction on events held at public facilities through April onward.

Again, we ask citizens to take thorough measures in washing your hands and following the cough etiquette. To prevent outbreaks, refrain from:

(1) closed space with poor ventilation (2) crowded places (3) conversations at close distances.

Please stay conscious of these three prevention measures listed above and avoid places where all three overlap.

We apologize for the inconvenience but I ask all the citizens for your understanding and cooperation in order for us to respond appropriately and to prevent the spread.

Tanifuji Hiroaki,

Chief of Headquarters (Morioka City Mayor),  
Morioka City Health Crisis Response Headquarters