

TAKE FREE

# LIVING GUIDE MORIOKA もりおか

http://www.mira-morioka.com



Morioka International Relations Association ADD:12-2,Uchimaru,Morioka TEL : 019-626-7524 info@mira-morioka.com

## Let's Enjoy Work Shop at Morioka Handi-Works Square!

Morioka Handi-Works Square, one of the leading industrial tourism facilities in Morioka, is located near Lake Gosho where you can enjoy the beauty of all four seasons. It takes about 30 minutes to reach the Square from the city center, heading west on Route46. At the workshop area, which has 15 studios of 11 business categories, you can see traditional skills of craftsmen up close. In addition to this, you can enjoy hands-on workshops of more than 10 different kinds of unique crafts and local dishes. In the *Nambu Magariya*, a kind of L-shaped farmhouse where people used to live in one wing with their horse(s) in the other, you will be able to experience history and understand how people in our region used to live in the Edo period. Now, we would like to introduce the hands-on experience of Iwate's unique crafts held in the various workshops in the facility.



Nambu Magariya (Nambu Bent House): L Shaped farmhouse formed by integrating the main house and the horse barn.

## Variety of Handicraft Work Shop

※All prices are for one individual

You can experience making your own pottery from clay, such as a teacup or other items. The pottery will be shipped to you after firing.

### Pottery 【Hokutogama】



Teacup, Small bowl ¥1,400  
Matcha cup, Beer cup ¥2,200

Ceramic decoration experience is also offered. (Approx. 60mins)

### Morioka Traditional Dyeing 【Takiura】



White cloth is dyed after being tied tightly with rubber bands over round or flat glass marbles, or between disposable chopsticks. You can create original tie-dyed goods.

Handkerchief ¥1,650  
Bandana ¥2,000 (Approx. 60mins)

Craftworks are hand-woven from *Nambu suzutake*, the bamboo from northern Iwate that mellows into warm colors with time.

### Bamboo Craft 【Shibata Kogei】



Box (small) Penholder ¥1,400  
Box (large) Remote control holder ¥2,200 (Approx. 60mins)

### Straw Craft & Dried Flowers 【Shizukuishi Mingeisha】



You can make a traditional toy called *shinobi koma*, a horse doll used for marriage or the prosperity of descendants, or make a wreath with natural material such as pinecones.

*Shinobi koma* (horse doll) ¥1,400 (Approx. 60mins)  
Dried flower wreath ¥1,400 (Approx. 30mins)

### Woodwork 【Michinoku Kobo】

You can make wooden ornaments called *chagu chagu umakko* (a horse decorated with cloth or others ornaments) or *kin-no-begoko* (golden cow), loved by local people as a mascot for good luck and prosperous business.

*Chagu chagu umakko* (traditional wooden horse toy) ¥1,600  
*Kin no begokko* (traditional wooden cow toy) ¥2,200 (Approx. 60mins)



In addition to these crafts, through which you can learn about the various traditions of Morioka, the facility also offers cooking experience of unique local dishes from Morioka such as *reimen* noodles or *Nambu senbei* (rice crackers). Please visit Morioka Handi-Works Square to experience the workshops.

### Morioka Handi-Works Square

64-102 Oirino, Tsunagi, Morioka City  
☎019-689-2201  
Open : 8:40~17:00  
Workshop available : 9:00~16:00

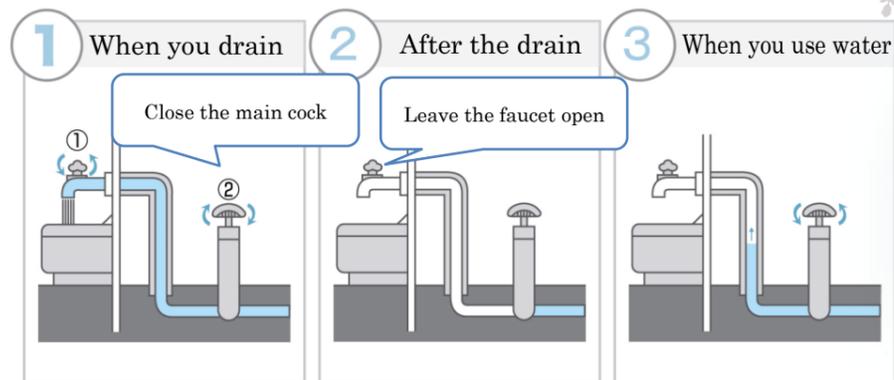
## EVENT DIGEST イベントダイジェスト

Dec.	10 <sup>th</sup> , 11 <sup>th</sup>	Salmon Festival of Iwate & Iwate's Sea food festival	Feb.	4~12th	The 50 <sup>th</sup> Iwate Snow Festival
	Jan.	14 <sup>th</sup> , 15 <sup>th</sup> , 26 <sup>th</sup>		Hadaka Mairi Naked Pilgrimage (Kyojo-ji Temple, Hachimagu Shrine, Sakurayama Shrine)	Early Feb. to March 3 <sup>rd</sup>
				Early Feb. to March 3 <sup>rd</sup>	Nanshōsō Hinamatsuri Doll Display
				9~11th	Morioka Snow Lights Festival

## Prevent Frozen Water Pipes

~Drain water frequently - before going to bed or going out~

We have to be careful about frozen water pipes in the cold winters of Morioka. If the temperature falls below -4 °C water pipes may freeze or burst. To prevent frozen pipes, it is important to drain water from them frequently, before going to bed or going out. By draining any remaining water from pipes you can prevent them from freezing and bursting. How to drain pipes is shown here. Remember to also drain the water from your water boiler or water heater.



① Turn on the faucet at full blast.

After the water has drained, leave the faucet open.

When you want to use the water again, open the handle of stop-cock fully.

② Close the main cock tightly.



Be sure to close the stop-cock tightly. Only half-closing the stop-cock will cause frozen pipe or water leakage.



## Let's enjoy international exchange with us!

Morioka International Relations Association is looking for foreign residents who are willing to introduce their culture or food.

We are also looking for supporting member who will be able to receive our international events and foreign language course informations faster than others. For more details, please check our Website from this QR code!

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